



Swim Team Tryout Information

- Tryouts will be held May 26, 2010 and July 27, 2010 at 6pm at Clear Brook High School Pool.
- Potential athletes are required to have a completed physical **BEFORE** they will be allowed to tryout. They must bring it with them when they come to tryout. It is advised to have a parent present to ask any questions they may have.
- The tryout will run as follows:
 - 6 pm- pool will be open for warm up. Athletes will be allowed to warm up as much as they will need
 - 6:15 pm- Warm up will be closed and tryout will begin. The potential athlete will be required to swim a 100 freestyle and either a 100 butterfly, 100 backstroke, or 100 breaststroke- they choose their second stroke.
 - ~6:40 (or when tryouts are over)- a short parent meeting will be held to inform parents of website, upcoming events and allow parents to ask questions.

The time standards for making the Varsity team are as follows:

	Girls	Boys
100 Freestyle	1:10.00	1:00.00
100 Butterfly	1:17.00	1:15.00
100 Backstroke	1:17.00	1:15.00
100 Breaststroke	1:20.00	1:18.00

The time standards for making the Junior Varsity team are as follows:

	Girls	Boys
100 Freestyle	1:40.00	1:30.00
100 Butterfly	1:45.00	1:42.00
100 Backstroke	1:45.00	1:42.00
100 Breaststroke	1:50.00	1:48.00

*It is to the coach's discretion to make any changes that may be needed.